

Health Reference Center

Reliable, Detailed Information on Today's Most Important Health Topics



Now better than ever!

"...well-organized and easy to navigate...
vibrant and engaging..."—LIBRARY JOURNAL

"...extremely user-friendly and informative, and
a useful tool for those who seek at-a-glance,
health-related information...**Recommended.**"
—CHOICE

"...a very useful entry point to reliable health
information...**an excellent choice**..."—REFER-
ENCE REVIEWS

"...a unique database with deep content with
great browse searching, good illustrations
and videos, and useful learning centers...
recommend[ed]..."—AMERICAN REFERENCE
BOOKS ANNUAL

An Essential Resource for Your Health Courses, Guidance Department, and General Student Use

Health Reference Center includes in-depth coverage of body systems, health issues, diseases, conditions, and treatments, as well as information specific to men, women, children, teens, and seniors. Focused Topic Centers highlight specially selected content to help users find a starting point for their research. The authoritative source list features up-to-date, expertly researched and written content, including a wealth of proprietary titles—information researchers can trust.

This important resource helps improve analytical and decision-making skills, addresses social pressures and influences, and provides functional health knowledge that encourages users to practice healthy behaviors.

CONTINUED ON REVERSE

Health Reference Center

HIGHLIGHTS AND FEATURES

Mental Health and Suicide

- Suicide: An Overview**
Suicide is the purposeful ending of one's life. At least 34,000 people in the United States will die from suicide in 2014, and many more thousands think about suicide or make a suicide.
- Suicide in Adolescents and Teenagers**
Individuals between the ages of 12 and 18 years, adolescents are more likely to consider suicide than are younger children. According to Centers for Disease Control and Prevention...
- Suicide Prevention**
Suicide prevention includes steps taken by a government or non-government agency to work toward reducing the number of suicides and the overall suicide. Actions may include farming...
- Myths and Inaccuracies about Suicide**
Many misconceptions surround the topic of suicide, and some of these and inaccuracies can be harmful to efforts to prevent suicide. For example, myths that someone who wants to kill him...
- Mental Health in Children and Adolescents**
Good behavioral health improves a child's sense of well-being and leads to healthy social relationships at home and with peers and to high achievement in school. Improving a child's...
- Developmental Disorders**
A number of conditions that are usually diagnosed in childhood or adolescence but may not be diagnosed until adulthood if symptoms are present sooner. Pervasive developmental disorders are...
- Behavior Therapy**
A type of psychotherapy used to treat some mental health problems with emphasis on learned responses. It is often used in conjunction with other therapies, including psychopharmacology...

Cancer

- Cancer: An Overview**
A general term for more than 200 diseases caused by the overgrowth of abnormal cells, each with its own type of treatment. Breast cell and squamous cell carcinoma of the skin are the most common...
- Understanding Cancer Statistics**
Cancer is second only to heart disease as the leading cause of death in the United States. Each year about 1.3 million new cases of cancer are diagnosed in this country, and about 550,000...
- The Role of Diet in Cancer**
Many experts believe that diet plays a role in the development of cancer. People may eat too many cancer-causing foods, such as fried or preserved meats, and too few cancer-preventing foods...
- Exercise and Cancer Prevention**
A growing body of research suggests that even moderate exercise can help prevent the development of a wide variety of cancers and prevent them from recurring. This research is so important...
- Lifestyle Factors and Cancer Risk**
Scientists have identified many factors that contribute to the development of cancer, including a number of lifestyle factors. Avoiding these risk factors whenever possible could have...
- Nutrition and Cancer Treatment**
While good nutrition may not cure cancer, dietary factors do play an important role in cancer treatment. A patient battling a serious disease needs adequate nutrition to maintain strength and...
- Childhood Cancers**
Cancer is the number one disease killer of children—more than genetic...

Key Videos

- Hematopoietic Blood Forming Cells 1:16
- Met Cancer Patient Glenn Mosser 3:11

Key Illustrations

- Abnormal Cell Growth Illustrations
- Growth Factor and Cancer Illustrations

Related Key Resources in Each Topic Center—

including videos, images, tables, and data—provide relevant visual material to help explain important or complex topics.

Glands

Indoor Allergen Control Measures

Allergen	Measures
Cat and dog	Remove parts of allergens on items. Do not groom. Wash pet weekly. Remove carpets or rug that can be cleaned without detergent.
Cockroach	Obtain written or professional confirmation to identify and try to control. Do not keep children playing in...
Dust mite	Wash mattresses below 130°F with soluble bleach. Do not over-dry in a dehumidifier when humidification. Remove mattresses and bed and hypo-allergenic covers. Avoid failure to wash and vacuum regularly often with headgear.

Coronary Artery Disease: Disease and...Ease

Record information

From: Coronary Artery Disease and...Ease
Source: White Fox
Runtime: 24:19
Copyright Date: 2012
Type: Video

Tags

Diseases, Disorders & Diet
Health Care & Treatment, Heart Disease, Blood Vessels

↑ **Editorially Curated Topic Centers:** specially selected content on key areas of health, specific types of diseases and disorders, and other reference topics. These comprehensive Topic Centers provide valuable study guides and entry points into the database.

Plus—

- **Comprehensive coverage:** a wealth of articles, videos, and illustrations on diseases and timely health topics
- **Journal articles** from PubMed Central and reference articles from MedlinePlus
- **Daily health news videos:** “Today’s Health” section featuring a new health news video five days a week from HealthDay TV to help users stay on top of the latest information
- **Videos and illustrations:** 5,000+ informational video clips and 2,500+ searchable color illustrations, many organized into convenient collections
- **Suggested Research Topics:** handpicked selections that showcase the best resources
- for each topic and provide guidance for research
- **Authoritative source list:** a complete inventory, by type, of the extraordinary amount of content in the database
- **Dynamic citations** in MLA, APA, Chicago, and Harvard formats, with EasyBib export functionality
- Writing and research tips for students and educators
- Detailed information on healthy lifestyle choices, recognizing diseases, and seeking treatment
- Convenient A-to-Z topic lists
- Real-time, searchable Reuters® newsfeed
- Tag “clouds” for all content, linking to related material
- Search Assist technology
- BMI and conversion calculators
- Listing of various hotlines
- Read Aloud tool
- Google Translate
- Persistent record links
- A variety of integration options and partners, including Canvas and D2L (Desire2Learn)
- Ability for users to set preferences for default language, citation format, and more
- Searchable Support Center with valuable help materials, how-to tips, tutorials, and live help chat